

# Sauerlandrundfahrt

Veranstalter: SVL Sports GmbH  
Datum: Sonntag, 06. September 2026

## Ergebnisliste: MD Frauen

Distanz 85,3 km  
Schnitt 30,0 km/h

| Pl. | Nr  | Name                | Jg.  | Nat. | Gruppe    | Mannschaft             | Zeit               |
|-----|-----|---------------------|------|------|-----------|------------------------|--------------------|
| 1.  | 412 | HOVENJÜRGEN Meike   | 2000 | GER  | MD Frauen | ROSE Team Münsterland  | 2:50:27            |
| 2.  | 409 | WALTERING Johanna   | 2002 | GER  | MD Frauen | Münster                | 2:57:52 [+7:25]    |
| 3.  | 408 | LEFARTH Pauline     | 2005 | GER  | MD Frauen | -                      | 3:08:54 [+18:27]   |
| 4.  | 411 | WESSEL Nele         | 2002 | GER  | MD Frauen | -                      | 3:25:40 [+35:13]   |
| 5.  | 410 | STRENCIOCH Jennifer | 1997 | GER  | MD Frauen | -                      | 4:23:30 [+1:33:03] |
| 6.  | 403 | KNEER Sigrid        | 1960 | GER  | MD Frauen | SC Oberhundem          | 4:27:20 [+1:36:53] |
| 7.  | 402 | KNEER Jennifer      | 1985 | GER  | MD Frauen | Kirchhundem - Welschen | 4:38:29 [+1:48:02] |

Anzahl der Starter: 11  
Nicht am Start: 2

## Ergebnisliste: MD Männer

Distanz 85,3 km  
Schnitt 36,9 km/h

| Pl. | Nr  | Name                | Jg.  | Nat. | Gruppe    | Mannschaft                         | Zeit             |
|-----|-----|---------------------|------|------|-----------|------------------------------------|------------------|
| 1.  | 512 | DÖREN Patrick       | 1999 | GER  | MD Männer | HansaSoestRacing                   | 2:18:42          |
| 2.  | 505 | WEUSTER Paul        | 2000 | GER  | MD Männer | ROSE Team Münsterland              | 2:19:00 [+0:18]  |
| 3.  | 496 | KNÜLLE Benedikt     | 1989 | GER  | MD Männer | well:fair cycling team             | 2:19:29 [+0:47]  |
| 4.  | 418 | SONNTAG Maximilian  | 2004 | GER  | MD Männer | dixsept e.V.                       | 2:23:16 [+4:34]  |
| 5.  | 521 | KOCH Alexander      | 1994 | GER  | MD Männer | TV Attendorn                       | 2:25:24 [+6:42]  |
| 6.  | 495 | BALKENHOL Nico      | 1989 | GER  | MD Männer | Rsc Hochsauerland                  | 2:25:27 [+6:45]  |
| 7.  | 494 | BAUMANN Frederik    | 1991 | GER  | MD Männer | REMBE rad-net GranFondo Team Sauer | 2:25:45 [+7:03]  |
| 8.  | 514 | SCHWANINGER Herbert | 1979 | GER  | MD Männer | well:fair cycling Team             | 2:25:48 [+7:06]  |
| 9.  | 424 | HARTMANN Marcel     | 1984 | GER  | MD Männer | wellfair: cycling team             | 2:27:20 [+8:38]  |
| 10. | 523 | KÖSTER Peter        | 1993 | GER  | MD Männer | Olsberg                            | 2:30:39 [+11:57] |
| 11. | 422 | BÖHME Sebastian     | 1991 | GER  | MD Männer | well:fair cycling team             | 2:33:19 [+14:37] |
| 12. | 499 | TILLMANN Christoph  | 1995 | GER  | MD Männer | SC Uckerath                        | 2:35:16 [+16:34] |
| 13. | 520 | MATTEIKAT Dominik   | 1990 | GER  | MD Männer | Hansa Soest                        | 2:35:30 [+16:48] |
| 14. | 518 | RADOS Maximilian    | 1993 | GER  | MD Männer | RSV Hansa Soest Racing             | 2:35:55 [+17:13] |
| 15. | 433 | ALTHAUS Steffen     | 1985 | GER  | MD Männer | RSC Hochsauerland                  | 2:40:03 [+21:21] |
| 16. | 414 | KÖSTER Tilman       | 1996 | GER  | MD Männer | -                                  | 2:40:08 [+21:26] |
| 17. | 511 | ARENS Joachim       | 1992 | GER  | MD Männer | RSC Hochsauerland                  | 2:41:12 [+22:30] |
| 18. | 434 | SCHEMME Benno       | 1989 | GER  | MD Männer | RSC Hochsauerland                  | 2:43:07 [+24:25] |
| 19. | 527 | DITZ Linus          | 1999 | GER  | MD Männer | Düsseldorf                         | 2:43:52 [+25:10] |
| 20. | 467 | SCHULTE Janik       | 2002 | GER  | MD Männer | TV Rönkhausen                      | 2:46:00 [+27:18] |
| 21. | 468 | DEITENBERG Marco    | 2001 | GER  | MD Männer | Finnentrop                         | " "              |
| 22. | 430 | MÜLLER Robin        | 1990 | GER  | MD Männer | RSC Hochsauerland                  | 2:46:56 [+28:14] |
| 23. | 503 | KÖHLER Jan          | 1985 | GER  | MD Männer | SC Uckerath                        | 2:47:14 [+28:32] |
| 24. | 510 | SAN JOSÉ Luis       | 2003 | GER  | MD Männer | Altena                             | 2:50:38 [+31:56] |
| 25. | 492 | DAUGSCH Simon       | 2003 | GER  | MD Männer | Münster                            | 2:54:16 [+35:34] |
| 26. | 427 | BERNHARDT Kevin     | 1990 | GER  | MD Männer | Selm-Bork                          | " "              |
| 27. | 509 | GALLE Jacob         | 2003 | GER  | MD Männer | Meschede                           | 2:55:57 [+37:15] |
| 28. | 465 | KANDULA Stefan      | 1980 | GER  | MD Männer | -                                  | 2:55:59 [+37:17] |
| 29. | 428 | SHELLMANN Tim       | 2001 | GER  | MD Männer | Trifun Hennesee                    | 2:56:26 [+37:44] |
| 30. | 482 | ROTH Sebastian      | 1988 | GER  | MD Männer | Meschede                           | 2:57:47 [+39:05] |
| 31. | 420 | WAGNER Finn         | 2002 | GER  | MD Männer | well:fair cycling team             | " "              |
| 32. | 421 | KREMER Alexander    | 1991 | GER  | MD Männer | well:fair cycling team             | 2:57:58 [+39:16] |
| 33. | 429 | NIGL Phil           | 2001 | GER  | MD Männer | Rockers Racing / RGMT100           | 2:58:57 [+40:15] |
| 34. | 435 | ELLINGEN Tom        | 2003 | GER  | MD Männer | Rockers Racing                     | " "              |
| 35. | 493 | FREESE Klaus Dirk   | 1965 | GER  | MD Männer | Borussia Mönchengladbach           | 3:00:33 [+41:51] |
| 36. | 451 | EHLEMANN Kai        | 1989 | GER  | MD Männer | Bochum                             | 3:01:56 [+43:14] |
| 37. | 500 | MATTICK Max         | 2003 | GER  | MD Männer | -                                  | 3:02:51 [+44:09] |
| 38. | 417 | VANDIEKEN Jonas     | 1985 | GER  | MD Männer | Bonner Donner                      | 3:03:04 [+44:22] |
| 39. | 461 | HACKENBERG Jonas    | 2001 | GER  | MD Männer | Iserlohn                           | 3:03:46 [+45:04] |
| 40. | 522 | NEUMANN Chris       | 1997 | GER  | MD Männer | Olsberg                            | 3:04:33 [+45:51] |
| 41. | 439 | MENZLER Hanspeter   | 1989 | GER  | MD Männer | Bochum                             | 3:05:03 [+46:21] |

|            |                         |      |     |           |                   |         |            |
|------------|-------------------------|------|-----|-----------|-------------------|---------|------------|
| <b>42.</b> | 474 BRANDSCHWEDE Gerrit | 1993 | GER | MD Männer | -                 | 3:06:12 | [+47:30]   |
| <b>43.</b> | 488 SPIELBERGER Felix   | 2003 | GER | MD Männer | Münster           | 3:06:28 | [+47:46]   |
| <b>44.</b> | 460 BERTELS Thomas      | 1963 | GER | MD Männer | Coesfeld          | 3:06:31 | [+47:49]   |
| <b>45.</b> | 462 BUSCH Maximilian    | 2000 | GER | MD Männer | Isrlohn           | 3:06:54 | [+48:12]   |
| <b>46.</b> | 516 KAISER Julian       | 2006 | GER | MD Männer | -                 | "       | "          |
| <b>47.</b> | 485 SWIADEK Louis       | 2006 | GER | MD Männer | -                 | 3:07:03 | [+48:21]   |
| <b>48.</b> | 469 KISTER Stefan       | 1970 | GER | MD Männer | Dortmund          | 3:07:05 | [+48:23]   |
| <b>49.</b> | 450 MAGNEY Luc          | 2000 | GER | MD Männer | Witten            | 3:08:38 | [+49:56]   |
| <b>50.</b> | 471 HAGEDORN Dirk       | 1969 | GER | MD Männer | Sundern           | 3:09:01 | [+50:19]   |
| <b>51.</b> | 448 RIMKUS Mario        | 1993 | GER | MD Männer | Fröndenberg       | 3:10:25 | [+51:43]   |
| <b>52.</b> | 506 RÖPER Sören         | 1988 | GER | MD Männer | TriFun Hennesee   | 3:10:55 | [+52:13]   |
| <b>53.</b> | 415 BRÜGGEMANN Arne     | 1993 | GER | MD Männer | -                 | 3:15:51 | [+57:09]   |
| <b>54.</b> | 470 HILLEBRAND Nils     | 2002 | GER | MD Männer | Haltern am See    | 3:15:53 | [+57:11]   |
| <b>55.</b> | 479 ASCHENDORFF Jörg    | 1981 | GER | MD Männer | -                 | 3:21:22 | [+1:02:40] |
| <b>56.</b> | 483 HORENKAMP Leonard   | 2006 | GER | MD Männer | Ense              | 3:22:12 | [+1:03:30] |
| <b>57.</b> | 419 BUSSE Tobias        | 1996 | GER | MD Männer | Köln              | 3:23:43 | [+1:05:01] |
| <b>58.</b> | 473 RICHTER Ayk-Julian  | 1995 | GER | MD Männer | -                 | 3:43:19 | [+1:24:37] |
| <b>59.</b> | 475 BUß Jan-Henric      | 1995 | GER | MD Männer | -                 | 4:21:36 | [+2:02:54] |
| <b>60.</b> | 490 PRINZ Sebastian     | 1981 | GER | MD Männer | Bergisch Gladbach | 4:23:30 | [+2:04:48] |
| <b>61.</b> | 432 KNEER Björn         | 1983 | GER | MD Männer | SC Oberhundem     | 4:38:29 | [+2:19:47] |
| <b>62.</b> | 440 KNEER Michael       | 1961 | GER | MD Männer | SC Oberhundem     | "       | "          |

Anzahl der Starter: 77

Nicht am Start: 33