

# 13. Delta Stundenlauf

Veranstalter: LSC Wels/Land

Datum: Sonntag, 03. März 2024

## Ergebnisliste: 2h U50w

Distanz 26,33 km  
Schnitt 12,5 km/h

Pl.	Nr	Name	Jg.	Nat.	Gruppe	Mannschaft	Zeit	
1.	207	SELLNER Maria	1979	GER	2h U50w	LG Passau	9R 2:06:26,58	
		<i>Rd.1: 0:13:48,50</i>			<i>Rd.2: 0:14:07,20</i>	<i>Rd.3: 0:13:39,92</i>	<i>Rd.4: 0:13:55,94</i>	<i>Rd.5: 0:14:12,84</i>
		<i>Rd.6: 0:14:01,09</i>			<i>Rd.7: 0:14:11,74</i>	<i>Rd.8: 0:14:20,45</i>	<i>Rd.9: 0:14:08,86</i>	
2.	201	WÖGERBAUER Simone	1988	AUT	2h U50w	PSVTri-Linz	9R 2:07:13,15	
		<i>Rd.1: 0:13:57,09</i>			<i>Rd.2: 0:14:13,57</i>	<i>Rd.3: 0:14:16,76</i>	<i>Rd.4: 0:14:06,45</i>	<i>Rd.5: 0:14:04,75</i>
		<i>Rd.6: 0:14:08,71</i>			<i>Rd.7: 0:14:11,04</i>	<i>Rd.8: 0:14:16,81</i>	<i>Rd.9: 0:13:57,92</i>	
3.	208	LAHNINGER Katharina	1991	AUT	2h U50w	Herbalife24	9R 2:11:20,24	
		<i>Rd.1: 0:14:16,57</i>			<i>Rd.2: 0:14:21,85</i>	<i>Rd.3: 0:14:30,11</i>	<i>Rd.4: 0:14:31,34</i>	<i>Rd.5: 0:14:29,81</i>
		<i>Rd.6: 0:14:40,56</i>			<i>Rd.7: 0:15:02,90</i>	<i>Rd.8: 0:15:01,65</i>	<i>Rd.9: 0:14:25,39</i>	
4.	202	VILCINSCHI Amalia	1984	ROU	2h U50w	UltraPilz	8R 2:05:56,86	
		<i>Rd.1: 0:14:49,70</i>			<i>Rd.2: 0:15:26,86</i>	<i>Rd.3: 0:15:42,58</i>	<i>Rd.4: 0:15:50,57</i>	<i>Rd.5: 0:15:48,35</i>
		<i>Rd.6: 0:15:55,81</i>			<i>Rd.7: 0:16:10,44</i>	<i>Rd.8: 0:16:12,53</i>		
5.	206	OLIVA Renate	1975	AUT	2h U50w	ASKÖ Marchtrenk	7R 2:04:14,11	
		<i>Rd.1: 0:17:31,97</i>			<i>Rd.2: 0:17:12,93</i>	<i>Rd.3: 0:16:45,80</i>	<i>Rd.4: 0:17:17,39</i>	<i>Rd.5: 0:18:45,79</i>
		<i>Rd.6: 0:18:13,17</i>			<i>Rd.7: 0:18:27,05</i>			
6.	204	MITTER Hannah	2003	AUT	2h U50w	skleine Beisl zum Herwig Marchtrenk	7R 2:04:14,12	
		<i>Rd.1: 0:17:00,07</i>			<i>Rd.2: 0:17:10,03</i>	<i>Rd.3: 0:17:11,69</i>	<i>Rd.4: 0:17:27,09</i>	<i>Rd.5: 0:17:36,16</i>
		<i>Rd.6: 0:18:41,98</i>			<i>Rd.7: 0:19:07,05</i>			
7.	205	HEHENBERGER Michaela	1997	AUT	2h U50w	Marchtrenk	7R 2:14:27,16	
		<i>Rd.1: 0:18:43,92</i>			<i>Rd.2: 0:19:01,43</i>	<i>Rd.3: 0:19:00,70</i>	<i>Rd.4: 0:19:26,82</i>	<i>Rd.5: 0:19:19,02</i>
		<i>Rd.6: 0:19:30,96</i>			<i>Rd.7: 0:19:24,28</i>			
8.	209	WIESINGER Bianca	1991	AUT	2h U50w	Die Finisher	7R 2:15:07,57	
		<i>Rd.1: 0:19:49,19</i>			<i>Rd.2: 0:19:44,13</i>	<i>Rd.3: 0:19:13,47</i>	<i>Rd.4: 0:18:56,98</i>	<i>Rd.5: 0:19:23,22</i>
		<i>Rd.6: 0:19:01,27</i>			<i>Rd.7: 0:18:59,28</i>			
9.	210	STEININGER Daniela	1976	AUT	2h U50w	WSV Trattenbach	7R 2:17:58,57	
		<i>Rd.1: 0:18:14,73</i>			<i>Rd.2: 0:18:34,44</i>	<i>Rd.3: 0:18:53,69</i>	<i>Rd.4: 0:20:43,55</i>	<i>Rd.5: 0:20:06,51</i>
		<i>Rd.6: 0:20:25,31</i>			<i>Rd.7: 0:21:00,33</i>			
10.	203	GURTNER Carolin	2004	AUT	2h U50w	St. Martin im Innkreis	6R 2:00:48,42	
		<i>Rd.1: 0:17:37,33</i>			<i>Rd.2: 0:18:48,19</i>	<i>Rd.3: 0:19:33,02</i>	<i>Rd.4: 0:21:03,00</i>	<i>Rd.5: 0:21:08,52</i>
		<i>Rd.6: 0:22:38,35</i>						

Anzahl der Starter: 10

## Ergebnisliste: 2h U50m

Distanz 32,181 km  
Schnitt 16,0 km/h

Pl.	Nr	Name	Jg.	Nat.	Gruppe	Mannschaft	Zeit	
1.	218	LAHNINGER Andreas	1991	AUT	2h U50m	Herbalife24	11R 2:01:00,94	
		<i>Rd.1: 0:10:44,81</i>			<i>Rd.2: 0:10:37,47</i>	<i>Rd.3: 0:10:45,49</i>	<i>Rd.4: 0:10:55,53</i>	<i>Rd.5: 0:10:57,34</i>
		<i>Rd.6: 0:11:01,69</i>			<i>Rd.7: 0:11:11,68</i>	<i>Rd.8: 0:11:06,21</i>	<i>Rd.9: 0:11:12,91</i>	<i>Rd.10: 0:11:20,80</i>
		<i>Rd.11: 0:11:06,96</i>						
2.	217	DEUTSCHBAUER Mathias	1989	AUT	2h U50m	SKINFIT	10R 1:58:39,94	
		<i>Rd.1: 0:10:45,10</i>			<i>Rd.2: 0:10:37,88</i>	<i>Rd.3: 0:10:57,32</i>	<i>Rd.4: 0:11:15,53</i>	<i>Rd.5: 0:11:23,45</i>
		<i>Rd.6: 0:11:56,68</i>			<i>Rd.7: 0:12:03,08</i>	<i>Rd.8: 0:12:31,67</i>	<i>Rd.9: 0:13:10,13</i>	<i>Rd.10: 0:13:59,06</i>
3.	215	SCHEURINGER Michael	1984	AUT	2h U50m	ACS Handels GmbH	10R 2:11:46,04	
		<i>Rd.1: 0:13:04,19</i>			<i>Rd.2: 0:13:00,36</i>	<i>Rd.3: 0:13:11,05</i>	<i>Rd.4: 0:13:06,74</i>	<i>Rd.5: 0:13:02,02</i>
		<i>Rd.6: 0:13:11,53</i>			<i>Rd.7: 0:13:12,90</i>	<i>Rd.8: 0:13:20,63</i>	<i>Rd.9: 0:13:29,32</i>	<i>Rd.10: 0:13:07,28</i>
4.	216	KURZMANN Thomas	1986	AUT	2h U50m	ASKÖ Marchtrenk	9R 2:04:13,66	
		<i>Rd.1: 0:14:51,70</i>			<i>Rd.2: 0:12:05,41</i>	<i>Rd.3: 0:12:53,99</i>	<i>Rd.4: 0:12:54,11</i>	<i>Rd.5: 0:13:39,82</i>
		<i>Rd.6: 0:14:31,82</i>			<i>Rd.7: 0:14:06,55</i>	<i>Rd.8: 0:14:15,87</i>	<i>Rd.9: 0:14:54,35</i>	
5.	212	MÜLLER Jens	1980	AUT	2h U50m	ASKÖ Marchtrenk	9R 2:08:36,92	
		<i>Rd.1: 0:14:38,07</i>			<i>Rd.2: 0:14:28,44</i>	<i>Rd.3: 0:14:32,71</i>	<i>Rd.4: 0:14:37,91</i>	<i>Rd.5: 0:14:09,58</i>
		<i>Rd.6: 0:14:07,13</i>			<i>Rd.7: 0:14:24,96</i>	<i>Rd.8: 0:14:07,19</i>	<i>Rd.9: 0:13:30,90</i>	
6.	219	FALKENSAMMER Phil	1983	AUT	2h U50m	Herbalife24	9R 2:09:57,03	
		<i>Rd.1: 0:14:16,46</i>			<i>Rd.2: 0:14:21,96</i>	<i>Rd.3: 0:14:32,87</i>	<i>Rd.4: 0:14:28,49</i>	<i>Rd.5: 0:14:30,03</i>
		<i>Rd.6: 0:14:20,43</i>			<i>Rd.7: 0:14:29,97</i>	<i>Rd.8: 0:14:34,41</i>	<i>Rd.9: 0:14:22,39</i>	

7.	221	BALASCH Patrick	1995	AUT	2h U50m	FF-Kappern	9R 2:11:40,47
		<i>Rd.1: 0:14:16,82</i>				<i>Rd.2: 0:13:53,59</i>	<i>Rd.3: 0:13:45,45</i>
		<i>Rd.6: 0:14:35,13</i>				<i>Rd.7: 0:15:15,43</i>	<i>Rd.4: 0:13:57,89</i>
							<i>Rd.5: 0:14:14,34</i>
							<i>Rd.8: 0:15:43,52</i>
							<i>Rd.9: 0:15:58,27</i>
8.	220	MITTER Thomas	1997	AUT	2h U50m	FF-Kappern	8R 2:05:50,55
		<i>Rd.1: 0:15:55,49</i>				<i>Rd.2: 0:15:50,45</i>	<i>Rd.3: 0:15:40,23</i>
		<i>Rd.6: 0:15:32,99</i>				<i>Rd.7: 0:15:49,65</i>	<i>Rd.4: 0:15:38,47</i>
							<i>Rd.5: 0:15:52,47</i>
							<i>Rd.8: 0:15:30,76</i>
9.	211	PASCHINGER Ingo	1977	AUT	2h U50m	ASKÖ Marchtrenk	8R 2:07:59,86
		<i>Rd.1: 0:15:46,37</i>				<i>Rd.2: 0:15:35,12</i>	<i>Rd.3: 0:15:18,77</i>
		<i>Rd.6: 0:15:45,20</i>				<i>Rd.7: 0:16:05,35</i>	<i>Rd.4: 0:15:48,26</i>
							<i>Rd.5: 0:15:52,24</i>
							<i>Rd.8: 0:17:48,50</i>
10.	213	SADLEDER Thomas	1985	AUT	2h U50m	FF-Marchtrenk	7R 2:03:40,84
		<i>Rd.1: 0:17:39,19</i>				<i>Rd.2: 0:17:45,81</i>	<i>Rd.3: 0:17:46,57</i>
		<i>Rd.6: 0:17:48,12</i>				<i>Rd.7: 0:17:09,37</i>	<i>Rd.4: 0:17:45,74</i>
							<i>Rd.5: 0:17:46,01</i>
11.	214	ZIMPRICH Christoph	1990	AUT	2h U50m	FF-Marchtrenk	7R 2:12:33,40
		<i>Rd.1: 0:19:07,45</i>				<i>Rd.2: 0:19:04,16</i>	<i>Rd.3: 0:18:39,80</i>
		<i>Rd.6: 0:19:17,77</i>				<i>Rd.7: 0:18:11,17</i>	<i>Rd.4: 0:18:57,95</i>
							<i>Rd.5: 0:19:15,08</i>

Anzahl der Starter: 11

## Ergebnisliste: 2h 50+ w

Distanz 26,33 km

Schnitt 12,2 km/h

Pl.	Nr	Name	Jg.	Nat.	Gruppe	Mannschaft	Zeit
1.	225	PICHLER Bettina	1973	AUT	2h 50+ w	SV Gallneukirchen	9R 2:09:39,77
		<i>Rd.1: 0:14:31,23</i>				<i>Rd.2: 0:14:14,31</i>	<i>Rd.3: 0:14:28,78</i>
		<i>Rd.6: 0:14:33,94</i>				<i>Rd.7: 0:14:29,96</i>	<i>Rd.4: 0:14:24,11</i>
							<i>Rd.5: 0:14:27,28</i>
							<i>Rd.8: 0:14:23,31</i>
							<i>Rd.9: 0:14:06,81</i>
2.	223	MITTER Andrea	1972	AUT	2h 50+ w	skleine Beisl zum Herwig Marchtrenk	7R 2:01:33,20
		<i>Rd.1: 0:17:00,27</i>				<i>Rd.2: 0:17:09,75</i>	<i>Rd.3: 0:17:11,47</i>
		<i>Rd.6: 0:17:40,07</i>				<i>Rd.7: 0:17:27,56</i>	<i>Rd.4: 0:17:26,74</i>
							<i>Rd.5: 0:17:37,40</i>
3.	226	HIMMELBAUER Karin	1973	AUT	2h 50+ w	ASKÖ Marchtrenk	6R 2:00:14,41
		<i>Rd.1: 0:18:04,41</i>				<i>Rd.2: 0:18:03,38</i>	<i>Rd.3: 0:18:41,76</i>
		<i>Rd.6: 0:25:45,90</i>					<i>Rd.4: 0:19:08,43</i>
							<i>Rd.5: 0:20:30,52</i>
4.	222	RANETBAUER Sabine	1967	AUT	2h 50+ w	Stadtgemeinde Marchtrenk	5R 1:35:05,20
		<i>Rd.1: 0:18:20,71</i>				<i>Rd.2: 0:18:29,55</i>	<i>Rd.3: 0:18:38,27</i>
							<i>Rd.4: 0:18:58,07</i>
							<i>Rd.5: 0:20:38,59</i>
5.	224	STERNAD Gerda	1965	AUT	2h 50+ w	Marchtrenk	5R 1:59:46,80
		<i>Rd.1: 0:23:01,12</i>				<i>Rd.2: 0:22:53,59</i>	<i>Rd.3: 0:24:07,85</i>
							<i>Rd.4: 0:24:48,02</i>
							<i>Rd.5: 0:24:56,19</i>

Anzahl der Starter: 5

## Ergebnisliste: 2h 50+ m

Distanz 29,255 km

Schnitt 14,1 km/h

Pl.	Nr	Name	Jg.	Nat.	Gruppe	Mannschaft	Zeit
1.	234	KRAMBERGER-KAPLAN Ernest	1964	AUT	2h 50+ m	SV Gallneukirchen	10R 2:04:39,68
		<i>Rd.1: 0:12:06,95</i>				<i>Rd.2: 0:12:25,45</i>	<i>Rd.3: 0:12:32,27</i>
		<i>Rd.6: 0:12:27,31</i>				<i>Rd.7: 0:12:45,69</i>	<i>Rd.4: 0:12:26,99</i>
							<i>Rd.5: 0:12:42,14</i>
							<i>Rd.8: 0:12:42,18</i>
							<i>Rd.9: 0:12:17,97</i>
							<i>Rd.10: 0:12:12,68</i>
2.	229	ZEHETNER Ernst	1974	AUT	2h 50+ m	Neukirchen läuft	10R 2:07:10,65
		<i>Rd.1: 0:11:49,66</i>				<i>Rd.2: 0:11:56,09</i>	<i>Rd.3: 0:12:04,68</i>
		<i>Rd.6: 0:13:03,33</i>				<i>Rd.7: 0:12:52,69</i>	<i>Rd.4: 0:12:07,57</i>
		<i>Rd.11: 0:18:58,61</i>					<i>Rd.5: 0:12:24,70</i>
							<i>Rd.8: 0:13:29,41</i>
							<i>Rd.9: 0:13:21,58</i>
							<i>Rd.10: 0:14:00,90</i>
3.	240	STOCKINGER Gerald	1970	AUT	2h 50+ m	LAG Genböck Haus Ried	10R 2:07:52,49
		<i>Rd.1: 0:12:25,90</i>				<i>Rd.2: 0:12:34,47</i>	<i>Rd.3: 0:12:36,65</i>
		<i>Rd.6: 0:12:39,59</i>				<i>Rd.7: 0:12:47,56</i>	<i>Rd.4: 0:12:32,95</i>
							<i>Rd.5: 0:12:34,80</i>
							<i>Rd.8: 0:12:55,13</i>
							<i>Rd.9: 0:13:19,64</i>
							<i>Rd.10: 0:13:25,75</i>
4.	230	BIRGLECHNER Gerald	1967	AUT	2h 50+ m	Erdinger Active Team	9R 1:59:34,00
		<i>Rd.1: 0:12:43,15</i>				<i>Rd.2: 0:12:51,37</i>	<i>Rd.3: 0:12:55,08</i>
		<i>Rd.6: 0:13:28,50</i>				<i>Rd.7: 0:13:37,86</i>	<i>Rd.4: 0:13:09,65</i>
							<i>Rd.5: 0:13:19,00</i>
							<i>Rd.8: 0:13:45,05</i>
							<i>Rd.9: 0:13:44,30</i>
5.	239	HUEMER Jürgen	1973	AUT	2h 50+ m	LG Innviertel	9R 2:02:52,54
		<i>Rd.1: 0:13:32,68</i>				<i>Rd.2: 0:13:36,30</i>	<i>Rd.3: 0:13:33,76</i>
		<i>Rd.6: 0:13:33,28</i>				<i>Rd.7: 0:13:45,41</i>	<i>Rd.4: 0:13:36,06</i>
							<i>Rd.5: 0:13:41,12</i>
							<i>Rd.8: 0:13:59,17</i>
							<i>Rd.9: 0:13:34,71</i>
6.	235	GASPERI Christof	1969	AUT	2h 50+ m	LG Innviertel	9R 2:13:33,27
		<i>Rd.1: 0:14:42,90</i>				<i>Rd.2: 0:13:54,35</i>	<i>Rd.3: 0:14:06,61</i>
		<i>Rd.6: 0:14:47,56</i>				<i>Rd.7: 0:15:16,94</i>	<i>Rd.4: 0:14:26,77</i>
							<i>Rd.5: 0:14:51,54</i>
							<i>Rd.8: 0:15:47,81</i>
							<i>Rd.9: 0:15:38,76</i>

<b>7.</b>	238 SEPER Andreas	1969	AUT	2h 50+ m	HSV HUAK Enns	9R 2:15:18,27
	<i>Rd.1: 0:13:55,35</i>	<i>Rd.2: 0:14:14,67</i>	<i>Rd.3: 0:14:34,95</i>	<i>Rd.4: 0:14:55,19</i>	<i>Rd.5: 0:15:12,19</i>	
	<i>Rd.6: 0:15:25,12</i>	<i>Rd.7: 0:15:37,93</i>	<i>Rd.8: 0:15:43,09</i>	<i>Rd.9: 0:15:39,74</i>		
<b>8.</b>	228 HINTERMAYR Erich	1969	AUT	2h 50+ m	ASKÖ Marchtrenk	8R 2:03:25,26
	<i>Rd.1: 0:12:40,77</i>	<i>Rd.2: 0:13:37,24</i>	<i>Rd.3: 0:14:20,92</i>	<i>Rd.4: 0:14:49,06</i>	<i>Rd.5: 0:15:36,53</i>	
	<i>Rd.6: 0:16:48,32</i>	<i>Rd.7: 0:17:34,28</i>	<i>Rd.8: 0:17:58,11</i>			
<b>9.</b>	237 LEHENBAUER Hubert	1970	AUT	2h 50+ m	TriRun Linz	8R 2:06:31,38
	<i>Rd.1: 0:15:46,09</i>	<i>Rd.2: 0:16:01,51</i>	<i>Rd.3: 0:15:52,37</i>	<i>Rd.4: 0:15:51,90</i>	<i>Rd.5: 0:15:50,23</i>	
	<i>Rd.6: 0:16:01,27</i>	<i>Rd.7: 0:16:01,83</i>	<i>Rd.8: 0:15:06,15</i>			
<b>10.</b>	231 BART Ernst	1970	AUT	2h 50+ m	ASKÖ Laufwunder Steyr	8R 2:06:36,64
	<i>Rd.1: 0:16:29,66</i>	<i>Rd.2: 0:16:15,18</i>	<i>Rd.3: 0:16:00,52</i>	<i>Rd.4: 0:15:56,52</i>	<i>Rd.5: 0:15:31,66</i>	
	<i>Rd.6: 0:15:32,03</i>	<i>Rd.7: 0:15:43,07</i>	<i>Rd.8: 0:15:07,96</i>			
<b>11.</b>	236 PANHUBER Bruno	1961	AUT	2h 50+ m	Buchkirchen	7R 2:04:31,91
	<i>Rd.1: 0:17:39,36</i>	<i>Rd.2: 0:17:23,26</i>	<i>Rd.3: 0:17:34,15</i>	<i>Rd.4: 0:17:27,65</i>	<i>Rd.5: 0:17:44,07</i>	
	<i>Rd.6: 0:18:09,97</i>	<i>Rd.7: 0:18:33,42</i>				
<b>12.</b>	232 KOPLER Anton-Leo	1974	AUT	2h 50+ m	FF-Marchtrenk	6R 2:12:33,41
	<i>Rd.1: 0:17:39,67</i>	<i>Rd.2: 0:22:12,10</i>	<i>Rd.3: 0:22:10,39</i>	<i>Rd.4: 0:22:50,99</i>	<i>Rd.5: 0:22:41,49</i>	
	<i>Rd.6: 0:24:58,75</i>					

Anzahl der Starter: 12

Nicht am Start: 2